

Towards... Empowerment of Women & Children

Training Workshops - 1994



02857



TRAINING INFORMATION OF CHAITANYAA

TRAINING FOR ORGANISERS OF WOMEN'S AWARENESS CAMPS

- Objectives** : To upgarde the skills of organisers of women's awareness generation camps by building an understanding on the socio - economic and religious factors affecting women's development, appropriate services/schemes for women's development and planning & organising AGC.
- For** : Organisers of the Women's Awareness Generation Camps sanctioned by the Central Social Welfare Board.
- Language** : Gujarati
- Number of Days** : Eight
- Dates** : March 30 - April 6, 1994
- Contact persons** : Ms. Jyoti Gade and Ms. Alka Mehta

There are several NGOs which are involved in organising Women's Awareness Generation Camps sanctioned by the Central Social Welfare Board. CHETNA's Chaitanyaa proposes to organise a training for the organisers to develop their skills of organising these camps at the village level.

Salient Features :

There will be an attempt to provide a deeper insight in social, religious, political and legal issues related to women's development. A special focus will be on the importance of women's participation in Panchyati Raj and communal harmony. Its unique feature is to develop skills to organise women's awareness generation camps at the village level. Related educational material will be compiled and provided to the participants to strengthen their perspective on women's development.

TRAINING ON INTEGRATION OF GENDER ASPECTS IN HEALTH PROGRAMMES

- Objective : To sensitise women health planners
organisers on Gender issues and build the
skills on gender planning.
- For : Supervisors, Co-ordinators, Trainers and
Others involved with women's development
- Language : Hindi
- Days : Eight
- Dates : April 11-18, 1994
- Contact Persons : Ms. Jyoti Gade and Ms. Veena Dwivedi

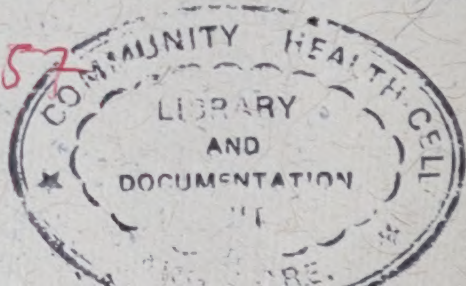
For years, women have been subordinated due to the force
exerted by the society which are, largely dominated by men. In
order to improve the status of women, there is a need to
understand such forces. It has been felt, that leaders of the
grass-root level organisations can weave in gender planning in
their health programmes provided they understand gender issues
which affect women.

Salient Features

This training attempts to provide a conceptual clarity on gender
patriarchy and feminism. It envisages to enhance skills in gender
planning, analysis, Participatory Research Appraisal (PRA) and
management.

It will also include different methodologies of conducting
trainings on 'Gender' in order to build the capacities of the
trainers. The workshop will also discuss the role and struggles of
Indian Women's movement, details on how grass-root
organisations could link up with broader Indian Women's
movement. Experiences of health, work, violence etc. will also be
shared.

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TRAINING OF TBA (TRADITIONAL BIRTH ATTENDANTS)

TRAINERS

Objectives : To provide an understanding on the scientific content related to training the TBAs using a specially prepared trainer's Kit and build the capacities of TBA trainers

For : TBA trainers

Language : Hindi

Number of days : Six

Dates : May 15-20, 1994

Contact Persons : Vd. Smita Bajpai and Ms. Pallavi Patel

Even today at the village and slum level majority of the deliveries are conducted by TBAs. The TBA is a very vital, easily available, accepted and affordable human resource in the community. There is a need to strengthen her role in pre and post natal care and inputs related to the aseptic aspects. In order to fully utilize this resource, a need to strengthen the trainers of TBAs has been felt by NGOs.

Salient Features

This training will cover the details of the anatomy and physiology of human body and aspects related to prenatal, natal and post natal care. It will also help to build a positive image towards the role of TBA in addressing reproductive health concerns of women. The training extends to build skills of imparting training to TBAs. A specially designed, pre-tested trainers kit will be provided during this training which will be very useful to the trainers.

TRAINING OF TRAINERS FOR WOMEN'S HEALTH

Objective : To enhance the capacities of trainers providing conceptual understanding and scientific information related to Women's health.

For : Women trainers, involved in the women's health or community health program related trainings.

Language : Gujarati

Days : Eight

Dates : July 11-18, 1994

Contact Persons : Ms. Pallavi Patel and Vd. Smita Bajpai

Usually, a woman is merely valued for her maternal role only. This is the only phase, where her needs/demands are seriously considered. But in order to improve, women's health status, there is a need to address issues other than maternal health.

Salient Features

In light of the multiple factors affecting women's health, this training attempts to build capacities of women trainers to understand women's health concerns from women's perspective. It aims to build a knowledge base related to human body structure and function, women's health problems like anemia, reproductive tract infections, menstrual problems, sexually transmitted diseases etc. This skill oriented training will also cover subjects like developing training design, communication skills, training methodologies etc. which would be of immense use to impart training. Practise sessions will be used to provide practical training.

HEALTH IN YOUR HANDS (USING TRADITIONAL MEDICINE TO PRESERVE HEALTH)

Objective : To enhance the capacities of trainers by providing conceptual understanding and scientific information related to Women's health.

For : Women trainers, Supervisors

Languages : Hindi/Gujarati

Days : Five

Dates : December 27-31, 1994

Contact Persons : Vd. Smita Bajpai and Ms. Prasadika Rathod

Women have been the carriers of knowledge on traditional health aspects which has enabled them to keep their control on their own health. But a gradual decline in its practice is observed due to influences of modern medicine.

Salient Features

In order to promote the Indian health care approach, this training aims at building a perspective on Indian health care heritage. Starting from herbal recipes to cure common ailments, the identification and propagation techniques related to herbal medicine will be explained during the training.



TRAINING INFORMATION OF CRC EARLY CHILDHOOD CARE AND DEVELOPMENT

- Objective : To develop perspective and enhance understanding and skills of the key functionaries, for effective implementation of ECCD programmes.
- For : Programme co-ordinators, Trainers, Supervisors, Social workers.
- Languages : Hindi and Gujarati.
- No. of Days : Eight
- Dates : March 16-23, 1994 (Hindi), November 15-23, 1994 (Gujarati).

Contact persons : Ms. Ila Vakharia and Ms. Shammi Vohra

SALIENT FEATURES

Early childhood (0-6 years) is a critical age for ensuring the overall development of an individual. The health of the mother is also an important factor affecting the child's health and development.

This training is an effort to address on the health and developmental needs of 0-6 years old children and family/community based interventions, for a better implementation of the ECCD programme.

In order to facilitate field level support for programme planning, implementation, monitoring and evaluation of the activities, organisational visits, evaluation and follow-up activities are included, in order to make people the parents and community aware about importance of ECCD to facilitate child development.

IMPLEMENTATION OF CHILD-TO-CHILD APPROACH

- Objective** : To develop an understanding and upgrade skills of the key functionaries for initiating, implementing, integrating, **Child-to-Child approach**.
- For** : Programme co-ordinators, trainers, supervisors, who are implementing and/or integrating **Child-to-Child approach**.
- Language** : Hindi
- No. of days** : Five
- Dates** : April 5-9, 1994
- Contact persons** : Ms. Sonal Mehta and Ms. Minaxi Shukla

SALIENT FEATURES

This training is an effort to build conceptual clarity on the Child Centred Health Education approaches focusing on **Child-to-Child** as one such effective approach. In order to facilitate field level action/implementation, the components like planning strategies for initiating and integrating **Child-to-Child approaches** at organisational level. Designing area-specific programme will be the important aspect of training.

Methodology of implementation with special focus on training, monitoring and evaluation are also included. Follow-up linkages and support sturcture will be drawn out at the end of the training.



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ENHANCING SCHOOL HEALTH PROGRAMME

- Objective : To develop understanding and enhance skills of key functionaries for initiating and implementing effective school health programmes.
- For : Principals, Teachers, Trainers, Programme planners of formal and non-formal education programmes.
- Language : Gujarati
- Days : Six
- Dates : May 16-21, 1994
- Contact persons : Ms. Minaxi Shukla and Ms. Mona Shah

SALIENT FEATURES

The training mainly emphasises on the child-centred health education approach in which children "learn by doing". It would include concerns like gender, sex education, school health, communication, methods of teaching to children. Monitoring and evaluation will also be included in order to facilitate field level implementation.

HEALTH AND DEVELOPMENT OF ADOLESCENTS

- Objective** : To develop perspective, enhance understanding and skills of the key functionaries for effective implementation of adolescents' health and development programmes.
- For** : Programme Co-ordinators, Trainers, Supervisors, Implementors working with adolescents.
- Languages** : Hindi / Gujarati.
- Days** : Eight
- Dates** : May 3-10, 1994 (Hindi), July 24-August 3, 1994 (Gujarati).
- Contact Person** : Ms. Ila Vakharia and Ms. Anuja Kak

SALIENT FEATURES

Adolescence is the transition period from childhood to adulthood. As any other transitional phase, adolescence also has its complexities arising due to childhood fantasies terminating into the realities of adulthood.

Keeping in view the delicacy of the concern, this training is designed to incorporate the physiological, emotional, mental and psychological aspects of adolescent development and growth. Interweaving the concepts like social development, fertility awareness, problems and potentials of adolescence, need for self development, team work etc., this training also makes an effort to enhance the capacities of trainers.



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